Storytelling in Higher Education: Supporting Reflection on Practice to Support Deep Learning
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The ePortfolio as a Story of Deep Learning
Digital Storytelling as part of a Reflective Portfolio

Storytelling in Education
A Theory of Reflection on Practice to Support Deep Learning

A Resource on K-12 Portfolios
• By Evangeline Harris Stefanakis
• Published by Heinemann
• Includes a CD-ROM with examples of student portfolios

Assessment for Learning Continuum - Enhanced

What is Reflection?
• Major theoretical roots:
  - Dewey
  - Habermas
  - Kolb
  - Schön
• Dewey: “We do not learn from experience…we learn from reflecting on experience.”
Resource on Biology of Learning

- Enriching the Practice of Teaching by Exploring the Biology of Learning
- James E. Zull
- Stylus Publishing Co.

The Learning Cycle
David Kolb from Dewey, Piaget, Lewin

- Deep Learning (learning for real comprehension) comes from a sequence of:
  - Experience
  - Reflection
  - Abstraction
  - Active testing
- Zull: the learning cycle arises naturally from the structure of the brain (p. 19)

The Learning Cycle
David Kolb from Dewey, Piaget, Lewin, adapted by Zull

The Experiential Learning Model
Lewin/Kolb with adaptations by Moon and Zull

Reflection and Emotion
James Zull

- Even if we experience something that has happened to us before, it is hard to make meaning of it unless it engages our emotions. (p. 166)
- Reflection is a search for connections. (p. 167)
- Sleep researchers postulate that dreams help us make connections... We discover what is important to us, because we dream about what matters most. (p. 168)
- For comprehension we need time. (p. 169)

Reflection and Emotion
James Zull

- “Even if we were able to decrease our emphasis on speed and information and increase the possibilities for reflection, we still would have to give our students the kind of experience that would produce dreams... experiences that engage their emotions.” (p. 168)
- “…our experiences must matter in our lives if we are to learn from them.” (p. 168)
- “…it suggests how seriously we have to take emotion if we want to foster deep learning.” (p. 169)
Stories and Learning
James Zull
- Roger Shank: importance of stories in learning
- Recalling and creating stories are part of learning
- Stories engage all parts of the brain
- Learning is deepest when it engages the most parts of the brain
- Teachers and students should:
  - Tell stories
  - Create stories
  - Repeat stories

My own story
- The issue of time and learning - reaching another transition and decision point in a long career, reflecting on the milestones in my life
- Play "choices"

Jennifer Moon's Definition
- Reflection is a form of mental processing - like a form of thinking - that we use to fulfill a purpose or to achieve some anticipated outcome. It is applied to relatively complicated or unstructured ideas for which there is not an obvious solution and is largely based on the further processing of knowledge and understanding and possibly emotions that we already possess (based on Moon 1999)

Moon on Reflection
- One of the defining characteristics of surface learning is that it does not involve reflection (p.123)
- Conditions for Reflection:
  - Time and space
  - Good facilitator
  - Curricular or institutional environment
  - Emotionally supportive environment

Moon's Qualities of Tasks that Encourage Reflection
- Ill-structured, ‘messy’ or real-life situations
- Asking the ‘right’ kinds of questions – no clear-cut answers
- Setting challenges can promote reflection
- Tasks that challenge learners to integrate new learning into previous learning
- Tasks that demand the ordering of thoughts
- Tasks that require evaluation
pp.175-6
Storytelling as a Theory of Learning

- Two educators from New Zealand - staff developer and health educator
- Relates storytelling to literature on learning and reflection
- Provides stages of storytelling related to reflection

Links between Learning and Storytelling

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>• Noticing</td>
<td>• Story finding</td>
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<td>• Making sense</td>
<td>• Story telling</td>
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<tr>
<td>• Making meaning</td>
<td>• Story expanding</td>
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<td>• Working with meaning</td>
<td>• Story processing</td>
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<tr>
<td>• Transformative learning</td>
<td>• Story reconstructing</td>
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Reflective Process and Storytelling

- First stage: inner discomfort or surprise = “something” makes the experience memorable
- Second stage: events examined in detail = stories are shared, dialogue is formed
- Third stage: relates to outcomes = decision to change or gain knowledge through reflection


Storytelling = Narrative Inquiry

- Aristotle: narrative – natural framework for representing world of action
- Everyday sense-making role of storytelling
- Stories reveal the way ideas look in action
- Narrative provides explanation
- Motivation for telling stories: to wrest meaning from experiences

Story = Unpretentious Narrative

- A fundamental method of personal growth
- Reflection: preparation for the future
- Deliberation: past considerations

Mattingly in Schön (1991)

• Aristotle: narrative – natural framework for representing world of action
• Everyday sense-making role of storytelling
• Stories reveal the way ideas look in action
• Narrative provides explanation
• Motivation for telling stories: to wrest meaning from experiences

Clandinin & Connelly in Schön (1991)

• A fundamental method of personal growth
• Reflection: preparation for the future
• Deliberation: past considerations

Storytelling as Reflection  
(Schön, 1988)

“...for storytelling is the mode of description best suited to transformation in new situations of action.”

Storytelling as Reflection  
(Schön, 1988)

“Stories are products of reflection, but we do not usually hold onto them long enough to make them objects of reflection in their own right.”

Storytelling as Reflection  
(Schön, 1988)

“...for storytelling is the mode of description best suited to transformation in new situations of action.”

A Graduate Student’s Letter to a Former Teacher

• Maybe you are a graduate student reflecting on what is drawing you into teaching (while displaying your photo portfolio)
• Play “Coming Full Circle”
• Or you are a teacher reflecting about teaching all of your students
• Play “Hakuin”

Constructed Meaning

"The portfolio is a laboratory where students construct meaning from their accumulated experience.”  
(Paulson & Paulson, 1991, p.5)

Portfolio tells a Story

"A portfolio tells a story. It is the story of knowing. Knowing about things... Knowing oneself... Knowing an audience... Portfolios are students' own stories of what they know, why they believe they know it, and why others should be of the same opinion.”  
(Paulson & Paulson, 1991, p.2)
Portfolios tell a Story

“A portfolio is opinion backed by fact... Students prove what they know with samples of their work.”
(Paulson & Paulson, 1991, p.2)

Linking Two Dynamic Processes to Promote Deep Learning

Portfolio Development Process
Digital Storytelling

ePortfolio as Storytelling

Portfolio Development Process

Traditional + Technology
• Collecting • Archiving
• Selecting • Linking/Thinking
• Reflecting • Storytelling
• Directing • Collaborating
• Celebrating • Publishing

Linked to...

Digital Storytelling
Blogs & Wikis
Games

Strategies that promote Intrinsic Motivation to maintain the process for Lifelong Learning
Some concerns...
• Assessment for Learning
• Portfolios for Learning
• What about Motivation?

Components of Portfolio Development
• Content
• Purpose
• Process

Components of Portfolio Development
• Content: evidence (artifacts + reflections)

Components of Portfolio Development
• Purpose: the reason for developing the portfolio – includes audience
  – Learning & professional development - Process
  – Assessment (Of and for learning)
  – Showcase (Employment/Marketing)

Components of Portfolio Development
• Process:
  – tools used
  – sequence of activities
  – rules
  – evaluation criteria (rubrics)
  – collaboration/conversation

Developmental Levels of Portfolio Implementation
• Extrinsic Motivation
  – institutional directed content, purpose & process – external locus of control
• Mixed Motivation
  – learner ownership over one or two of the components
• Intrinsic Motivation
  – learner ownership of content, purpose and process
Activity Theory

- **Subject** - the individual or group whose point of view is taken in the analysis of the activity
- **Object** (or objective) - the target of the activity
- **Instruments** - internal or external mediating artifacts which help to achieve the outcomes
- **Community** - one or more people who share the objective with the subject
- **Rules** - regulate actions and interactions within the activity system
- **Division of labor** - how tasks are divided horizontally between community members; any vertical division of power and status

Digital Tools for Reflection

Online Portfolios

Electronic Portfolio Development

**Publishing environments:**
Optical media (CD-R, DVD-R) or WWW

**Authoring environments:**
Common Tools or Customized Systems

Common Desktop Tools with hyperlinks

- Office - Word, Excel, Powerpoint
- Hypermedia authoring tools - HyperStudio
- Inspiration or Kidspiration (mind mapping)
- Adobe Acrobat
- HTML Editors - Front Page, Dreamweaver, Netscape/Mozilla Composer
- Multimedia Authoring
  Macromedia Director & Flash, Ezedia
My evaluation study of online software, services, or strategies

- [http://electronicportfolios.org/myportfolio/versions.html](http://electronicportfolios.org/myportfolio/versions.html)

- Under Online Publications

- To date, recreating my new portfolio using 17 different software packages, services, or strategies

### Online Portfolio Tools

- **Customized Commercial Systems**
  - Higher Ed: nuVention's iWebfolio, ePortare
  - Teacher Ed: LiveText, TaskStream, FolioTek, McGraw-Hill's FolioLive, Chalk & Wire

- **Customized ePortfolio Tools developed in-house**
  - Maricopa CC, PLP (Vermont Institutes), MNSCU/AveNet, Alverno DSP, Johns Hopkins, IUPUI Epsilen, UWashington, etc.

- **Open Source ePortfolio**
  - OSP (rSmart/UMN), others in development

### Online Portfolio Tool Characteristics

- Custom-designed Electronic Portfolio Systems—(A) system includes database to align artifacts to standards
- Free Server Space
- Open Source Software
- Commercial Software - primary market: Higher Ed, Teacher Ed, PK-12, Any
- Content Management System (CMS)
- Web Log Software or Online Journals - “Blogs”
  - License agreement with - individual or institution
  - Hosting - Hosted: resides on a centralized server; Server: software installed or data stored on own server space
  - Cost & Storage space available

### Conclusions

- Too early to judge
- Scales applied to each system
  - “Trade-offs” - “Balance”
    - Creativity
    - Ease of Use
    - Cost/Storage & ROI
    - Features
    - Flexibility/Customization Allowed
    - Integration with Assessment System
    - Transfer & technology skill development

“They each exhibit trade-offs between the flexibility inherent in an HTML-based tool with the relative ease-of-use but lack of creativity in a system built on a database.”

### Helping Students to Reflect

- Provide models and examples
- Begin with forms or prompts
- Move to journals/blogs
- Be careful that reflection in portfolios doesn’t become an exercise in filling in the blanks on a web-based form.

### Portfolios provide Encouragement for Reflection

1. …provides both the discipline and the freedom of structure, allowing one to see one’s own work. (Sonnet)
2. …provides the opportunity to assess one’s own strengths and weaknesses through examination of a collection of samples, as well as to get feedback on one’s performance from others. (Mirror)
3. …the process of self assessment leads one to setting goals for future development and professional growth. (Map)

(Mary Diez, 1994)
Reflective Questions that tie the Past to the Future

Past
- What have I collected about my life/work/learning?
- (my artifacts)

Present
- What do those artifacts show about what I have learned?
- (my current reflections on my knowledge, skills, and dispositions)

Future
- What direction do I want to take in the future?
- (my future learning goals)

North Carolina Reflection Cycle

1. Select
   - What evidence/artifacts have you included?
2. Describe
   - This step involves a description of the circumstances, situation or issues related to the evidence or artifact. Four "W" questions are usually addressed:
     - Who was involved?
     - What were the circumstances, concerns, or issues?
     - When did the event occur?
     - Where did the event occur?
3. Analyze
   - "Digging deeper."
     - "Why" of the evidence or artifact
     - "How" of its relationship to teaching practice
4. Appraise
   - In the previous three steps, you have described and analyzed an experience, a piece of evidence, or an activity. The actual self-assessment occurs at this stage as you interpret the activity or evidence and evaluate its appropriateness and impact.
5. Transform
   - This step holds the greatest opportunity for growth as you use the insights gained from reflection in improving and transforming your practice.

Digital Tools for Reflection

Blogs and Wikis

What is a blog?
- Abbreviation for "web log" which is an online journal organized in reverse chronological order…the most recent entry on top
- Emerging into the mainstream in the last 18 months
- Very popular with adolescent girls
- Free, open source and commercial tools available

Writing a Reflection - 1
http://www.ncpublicschools.org/pbl/pblreflect.htm

1. Select: What evidence/artifacts have you included?
2. Describe: This step involves a description of the circumstances, situation or issues related to the evidence or artifact. Four "W" questions are usually addressed:
   - Who was involved?
   - What were the circumstances, concerns, or issues?
   - When did the event occur?
   - Where did the event occur?

Writing a Reflection - 2
http://www.ncpublicschools.org/pbl/pblreflect.htm

3. Analyze: "Digging deeper."
   - "Why" of the evidence or artifact
   - "How" of its relationship to teaching practice
4. Appraise: In the previous three steps, you have described and analyzed an experience, a piece of evidence, or an activity. The actual self-assessment occurs at this stage as you interpret the activity or evidence and evaluate its appropriateness and impact.
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**Blogs* in Education**
*Web logs=online journals*

http://www.weblogg-ed.com/

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**What is a “wiki”**

- Hawaiian term for “quick”
- A tool for collaborative writing
- Anyone who reads a wiki page can click the EDIT button and add or edit text
- Another “older” technology that is emerging into common use.

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**Digital Storytelling Process**

- Learners create a 2-4 minute digital video clip
  - First person narrative
  - Told in their own voice
  - Illustrated by (mostly) still images
  - Music track to add emotional tone

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**Digital Storytelling**

is BOTH...

HIGH TECH
and
HIGH TOUCH
Why include Digital Storytelling in ePortfolios?

Learner Motivation and Affect

Brain Research on Emotion in Learning

Learner Ownership and Engagement with Portfolio

• The tools should allow the learner to feel in control of the process, including the "look and feel" of the portfolio.

Deep Learning

• involves reflection,
• is developmental,
• is integrative,
• is self-directive, and
• is lifelong


Voice = Authenticity

• multimedia expands the "voice" in an electronic portfolio (both literally and rhetorically)
• personality of the author is evident
• gives the reflections a uniqueness
• gives the feeling that the writer is talking directly to the reader/viewer
Digital Paper or Digital Story?

• If your e-portfolios are just digital paper (text and images on the screen) you are losing a wonderful opportunity to really tell your story in your own voice.
• With the capability to add multimedia, audio and video, we can truly create an engaging environment to document the milestones of our lives.

What’s Your Story?

• We all have a story to add to our portfolios. These digital stories provide opportunities for a richness not possible in print.
• Some stories will represent the fresh innocence of youth, some will reflect the experiences of a rich life.
• The audiences might be worldwide, like the BBC Wales, but most likely the audiences will be small and intimate.

Digital Story as Legacy

• These digital stories aren’t just for professional development
• They aren’t just for skills-based portfolios
• They are our legacy for those who come after us...the stories of our lives we give to our children's grandchildren.

My Final Wish...

May all your electronic portfolios become dynamic celebrations and stories of deep learning across the lifespan.

Presentation online and stories are on my CD

• http://electronicportfolios.org and click On-Line Publications
  “Electronic Portfolios as Digital Stories of Deep Learning”
• http://electronicportfolios.org and click Recent Conference Presentations
• My CD has examples of digital stories as well as hands-on activities to learn the process on Mac and Windows XP

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